

# TEN golden rules

- 1 Listen to each other.
- 2 Respect each other's opinions.
- 3 Don't judge someone, even if you think something is strange or odd.
- 4 Don't ridicule anyone.
- 5 Don't use swear words. It is a serious subject.
- 6 Don't name names when you tell a story.
- 7 Everything that is discussed in the lessons should not be talked about anywhere else.
- 8 You decide what you do and don't want to say.
- 9 No questions are strange.
- 10 Write this rule yourself: .....

These are the words we'll use in the classroom:

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# 10 tips for the internet

Making the internet safe, how do you do that?

The internet is fun and handy for chatting, sending messages and making arrangements. But how do you make sure you don't have a bad experience? Read what Justin, Lisa and Jill say about making the internet safe. The boxes at tip 2, tip 3 and tip 7 are empty. That's where you can write down your own tips.



Justin



Lisa



Jill

- 1 Keep your name and address private. Use various code names.
- 2 Never make an arrangement with someone you met on the internet on your own.
- 3 Stop chatting with someone who says or asks strange things. Block that person if necessary.
- 4 Collect evidence if you are being stalked or bullied on the internet. Keep these files. Never let yourself be blackmailed.
- 5 Don't feel guilty if something unpleasant happens. If you didn't encourage that person, then it wasn't your fault. Don't walk around feeling guilty, get help.
- 6 Don't ask people you don't know anything personal.
- 7 Think twice before sending photos of yourself or uploading them for your profile. Don't make the photos public.
- 8 Have a think about what you want to show on your webcam. People can film you without asking first.
- 9 Ask someone's permission before putting their photos on the internet.
- 10 Trust your intuition.

JUSTIN: 'I never use my own name to chat. I think up a new one every time.'

MY TIP:

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JILL: 'There was once a boy who kept trying to chat with me. When he started to say idiotic things, I saved everything in Word. You just never know.'

Have you had an unpleasant experience? Do you want to talk about it? Get in touch with the Sense Infoline. Go to [www.sense.info](http://www.sense.info). You can call, email or chat.

JUSTIN: 'I don't ask anything personal until I meet the person or know them better.'

MY TIP:

JUSTIN: 'Sometimes you don't know who's on the other end of the webcam. I'd never take off my clothes in front of the webcam.'

JILL: 'A friend of mine took a ridiculous photo of me and put it on her profile. I really wasn't happy about that.'

LISA: 'When I was chatting with a boy the other day, I felt a bit uncomfortable. It just didn't feel right so I ended the chat.'